

## Coaching Tip Number 38

Coaching tips will come out once a month to give you a flavor for what coaches do in an active coach/coachee relationship. If you have others that you would like this tip to go to each month you may send me their name and I will make sure they are added to the distribution list or you may forward this information yourself. For more information about coaching services at Marshall Space Flight Center you may contact Janie Moyers at 544-7552 or email [Amanda.J.Moyers@nasa.gov](mailto:Amanda.J.Moyers@nasa.gov).

### **You are a Natural Born Risk-Taker! by Lisa Jimenez, M.Ed.**

Think of the little child who sees a set of stairs for the very first time. What goes through that little one's mind when they look up at that amazing sight? If you know children, then you know they would think, "Wow! I've got to get to the top to see what good things are waiting for me up there!" They wouldn't say, "I've got to get to the top! But, wait. It might be too risky. What would my mom say? I might get in trouble. What would my friends say back at the sandbox? They might judge me. What would happen if I fell? I might get hurt. No. It's too risky. I'll just stay right down here where it's safe."

Yeah, right. Like that would ever be said by an 18 month old!

A young child would see the staircase. Look up to the top. Say, "I've got to get to the top!" And he would begin!

Well, my friend, you know this little child. This little one is YOU! You were once 18 months old. You once had all the bold, daring, imaginative zest for life! Ask your parents what you were like when you were young. It is in your very nature to risk. So, what happened? And how do you get this abandoned excitement back?

Well, I believe LIFE happened. And somewhere along the way you lost your natural, risk taking ability. However, the truth is, if at one time you had it, then you can get it back! Call on your inborn risk-taking ability and take the first step of your staircase of success!

You are a Natural Born Risk-Taker!

People can breakthrough hidden fears and self-limiting beliefs to live a more outrageous, faith-filled, successful, fun life." If you think coaching can help you set and achieve some of your risky goals; give your Center Executive Coach a call and get this year started reaching for the stars or climbing those challenging mountains.

**Conquer your hidden fears of prospecting and create an unstoppable mindset! Top people shatter their self-limiting beliefs and finally get the breakthrough success they want. It comes from personal productivity and creating unstoppable momentum.**